

BEDFORD SENIOR ACTIVITY CENTER

# The Bedford Bulletin

## February 2015

2817 R.D. Hurt Pkwy Bedford, Tx. 76021

817-952-2326

### Dates To Remember

Feb. 2 - Groundhog Day  
Feb. 2- Carter Eye Care  
Feb. 9 - Valentine's Dance  
Feb. 14 - Valentine's Day  
Feb. 16 - Kaner Weight Management  
Feb. 16 - President's Day  
Feb. 19- Bingo  
Feb. 23- Memory Loss Class

### Carter Eye Care

Carter eye care will be here in the library on Monday February 2, 2015 doing FREE vision screenings from 9:00a.m.-12:00p.m. Please sign up with Rhonda or Cathy.

### Valentine's Dance!

Monday, February 9th at 7:00pm we will hold a Valentine's Dance! Come enjoy the music of Doc Gibbs band. \$6.00 per person.

### Kaner Weight Management

Kaner Medical will be here to talk about weight management on February 16, 2015 from 10:30am-11:30am. There will be samples and giveaways. Please sign up with Rhonda or Cathy.

### Memory Loss Class

Alzheimer's Assoc. will be giving a class on basic memory loss. February 23, 2015 from 10:00am-12:00pm. Free Lunch n Learn. Please sign up with Rhonda or Cathy.

### Boys Ranch Phase I Project Update

Construction has begun on the \$3.2 million voter approved Boys Ranch Phase I project. Though the improvements have been long anticipated, there will be temporary impacts due to construction and we apologize for any inconvenience this may cause. The first of Phase I is the drainage channel improvements. This will impact the playground, sidewalks and surrounding areas. At this time, this area should be complete, including the installation of a new playground area, around April 2015. Immediately following is the second part of Phase I, which includes dredging of the lake and construction of surrounding amenities. The estimated completion date of this portion of construction is August 2015. For more info please visit:

[www.bedfordtx.gov/phase1](http://www.bedfordtx.gov/phase1)

### Bingo Night

Bingo Night will be Thursday, February 19<sup>th</sup> from 6:00pm-7:30pm. As always, we ask that you sign up ahead of time.

MONDAY	TUESDAY	WEDNESDAY
		
<p style="text-align: right;">2</p> <p>8am-5pm – Ceramics  8am-noon – Pool  1pm – Dominoes  1-2:30 pm – Beg. Line Dance  2:30pm – Tai Chi  7pm – Dance – Pete &amp; Patti</p>	<p style="text-align: right;">3</p> <p>8am-5pm – Ceramics  8am – Pool, Quilting, “84”  9am – Exercise  9am – Needlecraft  10am –Pinochle  12:30pm – Duplicate Bridge  1pm – Dominoes</p>	<p style="text-align: right;">4</p> <p>8am-5pm – Ceramics &amp; Pool  8:30 – Blood Pressure Check  9am-1pm – China Painting  9am - Exercise  1pm – Dominoes  1-2pm – Int. Line Dance  2-3pm – Adv. Line Dance  2pm – Guitar Jam Session</p>
<p style="text-align: right;">9</p> <p>8am-5pm – Ceramics  8am-noon – Pool  1pm – Dominoes  1-2:30 pm – Beg. Line Dance  2:30pm – Tai Chi  7pm – Dance – Doc Gibbs  <i>Valentine’s Dance</i></p>	<p style="text-align: right;">10</p> <p>8am-5pm – Ceramics  8am – Pool, Quilting, “84”  9am – Needlecraft  9am - Exercise  10am – Pinochle  12:30pm – Duplicate Bridge  1pm – Dominoes</p>	<p style="text-align: right;">11</p> <p>8am-5pm – Ceramics &amp; Pool  9am-1pm – China Painting  10am - NARFE  1pm – Dominoes  1-2pm – Int. Line Dance  2-3pm – Adv. Line Dance  2pm – Guitar Jam Session</p>
<p style="text-align: right;">16</p> <p>8am-5pm – Ceramics  8am-noon – Pool  1pm – Dominoes  1-2:30 pm – Beg. Line Dance  2:30pm – Tai Chi  7pm – Dance – Bill G Band</p>	<p style="text-align: right;">17</p> <p>8am-5pm – Ceramics  8am – Pool, Quilting, “84”  9am – Exercise  9am – Needlecraft  10am –Pinochle  12:30pm – Duplicate Bridge  1pm – Dominoes</p>	<p style="text-align: right;">18</p> <p>8am-5pm – Ceramics &amp; Pool  9am-1pm – China Painting  9am – Exercise  1pm – Dominoes  1-2pm – Int. Line Dance  2-3pm – Adv. Line Dance  2pm – Guitar Jam Session</p>
<p style="text-align: right;">23</p> <p>8am-5pm – Ceramics  8am-noon – Pool  1pm – Dominoes  1-2:30 pm – Beg. Line Dance  2:30pm – Tai Chi  7pm – Dance – Russ Dorsey</p>	<p style="text-align: right;">24</p> <p>8am-5pm – Ceramics  8am – Pool, Quilting, “84”  9am – Exercise  9am – Needlecraft  10am – Pinochle  12:30pm – Duplicate Bridge  1pm – Dominoes</p>	<p style="text-align: right;">25</p> <p>8am-5pm – Ceramics &amp; Pool  9am-1pm – China Painting  9am – Exercise  1pm – Dominoes  1-2pm – Int. Line Dance  2-3pm – Adv. Line Dance  2pm – Guitar Jam Session</p>

THURSDAY	FRIDAY
	
5	6
8am-5pm – Ceramics 8am – Pool, Quilting 9am – Exercise 10am –Pinochle 12:30pm – Duplicate Bridge 1pm – Dominoes	8am-5pm – Ceramics 8am – “84” 8am – All Media Painting 12:15pm – Tai Chi 1pm – Dominoes 1:30pm – Guitar
12	13
8am-5pm – Ceramics 8am – Pool, Quilting 9am – Exercise 10am –Pinochle 12:30pm – Duplicate Bridge 1pm – Dominoes	8am-5pm – Ceramics 8am – “84” 8am – All Media Painting 12:15pm – Tai Chi 1pm – Dominoes 1:30pm – Guitar Jam Session
19	20
8am-5pm – Ceramics 8am – Pool, Quilting 8:30 - Blood Pressure Check 9am – Exercise 10am –Pinochle 12:30pm – Duplicate Bridge 1pm – Dominoes	8am-5pm – Ceramics 8am – “84” 8am – All Media Painting 12:15pm – Tai Chi 1pm – Dominoes 1:30pm – Guitar Jam Session
26	27
8am-5pm – Ceramics 8am – Pool, Quilting 9am – Exercise 10am – Pinochle 12:30pm – Duplicate Bridge 1pm – Dominoes	8am-5pm – Ceramics 8am – “84” 8am – All Media Painting 12:15pm – Tai Chi 1pm – Dominoes 1:30pm – Guitar Jam Session

**CENTER PHONE NUMBERS**  
Main # 817-952-2326

Cathy Haskell, Manager  
817-952-2329  
Rhonda Karnes-Scott 817-952-2320  
Dale Dawson: 817-952-2328



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**Dances**

**February 2**  
Pete & Patti

**February 9**  
Doc Gibbs  
Valentine’s Dance

**February 16**  
Bill G Band

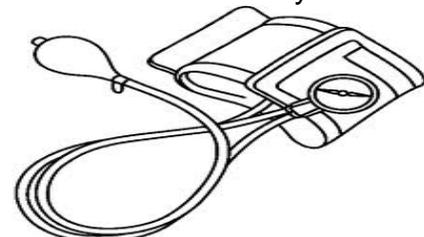
**February 23**  
Russ Dorsey

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**NARFE**

Wednesday, February 11

**Blood Pressure Checks**

1<sup>st</sup> Wednesday &  
3<sup>rd</sup> Thursday



**Bedford Senior Activity Center**

**“Valentine’s Dance”**

**Monday, February 9, 2014**

**7:00pm – 9:15pm**

**Admission at the door**

**\$6.00 per person**

**Refreshments Will Be Served**

**Bring your sweetheart and dance to the music of the  
Doc Gibbs Band**

**Ages 50 and up**

