

THE CENTER UPDATE

April 2014

Cathy Haskell, Senior Center Manager

817-952-2326

Dates To Remember

- 1- April Fools Day
- 7- World Health Day
- 15- Tax Day
- 17 -LifeTime Hearing Event
- 18- Good Friday
- 20- Easter
- 25- Arbor Day

Bingo Night

Bingo Night will be Thursday April 24th from 6-7:30 pm. As always, we ask that you sign up ahead of time.

Good Friday

Please note that the Senior Center will be closed April 18th in observance of Good Friday.

Volunteer Appreciation

The week 6th-12th. We have a total of 40 Volunteers that have donated 3,381 hours of their time to help us with various activities here at the Senior Center in 2013. Thank you to our Volunteers for all their hard work and dedication. We love our Volunteers!

Easter Dance

Hop on over to the Easter Dance! April 21, 2014 \$6.00 per person. Don't forget to wear your Easter Bonnet!



Water Aerobics at Central Park Pool

May 26th-Aug 29, 2014 \$30 (for entire summer session)
Mon, Wed, Fri. 10:30am-11:30am . Instructor will be Millie Park. Register at BRAC.

Community Powered Revitalization Program

The City of Bedford has joined in the cities of Eules and Hurst, and 6 Stones in the Community Powered Revitalization Program. Bedford's mission in joining this program is to protect and promote the integrity of our neighborhoods by assisting in the repair of homes for qualified residents.

The CPR program is designed to assist those property owners who are in the greatest need and are unable to perform the necessary work themselves. The next program will begin on April 4th and 5th. See Cathy for an Application.

The Center Update – Bedford Senior Activity Center
 April 2014

MONDAY	TUESDAY	WEDNESDAY
	<p style="text-align: right;">1</p> <p>8am-5pm – Ceramics 8am – Pool, Quilting, “84” 9am – Exercise 9am – Needlecraft 10am – Party Bridge, Pinochle 12:30pm – Duplicate Bridge 1pm – Dominoes</p>	<p style="text-align: right;">2</p> <p>8am-5pm – Ceramics & Pool 8:30-10:30am – Blood Pressure 9am-1pm – China Painting 9am – Exercise 1pm – Dominoes 1-2pm – Int. Line Dance 2-3pm – Adv. Line Dance 2pm – Guitar Jam Session</p>
<p style="text-align: right;">7</p> <p>8am-5pm – Ceramics 8am-noon – Pool 9:30am- Chronic Disease Self Management 1pm – Dominoes 1-2:30 pm – Beg. Line Dance 2:30pm – Tai Chi 7pm – Dance – Gary Lee</p>	<p style="text-align: right;">8</p> <p>8am-5pm – Ceramics 8am – Pool, Quilting, “84” 9am – Exercise 9am – Needlecraft 10am – Party Bridge, Pinochle, 12:30pm – Duplicate Bridge 1pm – Dominoes</p>	<p style="text-align: right;">9</p> <p>8am-5pm – Ceramics & Pool 9am-1pm – China Painting 10am – NARFE 1pm – Dominoes 1-2pm – Int. Line Dance 2-3pm – Adv. Line Dance 2pm – Guitar Jam Session</p>
<p style="text-align: right;">14</p> <p>8am-5pm – Ceramics 8am-noon – Pool 9:30-noon-Chronic Disease Self Management 1pm – Dominoes 1-2:30 pm – Beg. Line Dance 2:30pm – Tai Chi 7pm – Dance –Classic Country</p>	<p style="text-align: right;">15</p> <p>8am-5pm – Ceramics 8am – Pool, Quilting, “84” 9am – Exercise 9am – Needlecraft 10am – Party Bridge, Pinochle 12:30pm – Duplicate Bridge 1pm – Dominoes</p>	<p style="text-align: right;">16</p> <p>8am-5pm – Ceramics & Pool 9am-1pm – China Painting 9am – Exercise 1pm – Dominoes 1-2pm – Int. Line Dance 2-3pm – Adv. Line Dance 2pm – Guitar Jam Session</p>
<p style="text-align: right;">21</p> <p>8am-5pm – Ceramics 8am-noon – Pool 9:30-noon-Chronic Disease Self Management 1pm – Dominoes 1-2:30 pm – Beg. Line Dance 2:30pm – Tai Chi 7pm – Dance – Bill G Band</p>	<p style="text-align: right;">22</p> <p>8am-5pm – Ceramics 8am – Pool, Quilting, “84” 9am – Exercise 9am – Needlecraft 10am – Party Bridge, Pinochle 12:30pm – Duplicate Bridge 1pm – Dominoes</p>	<p style="text-align: right;">23</p> <p>8am-5pm – Ceramics & Pool 9am-1pm – China Painting 9am – Exercise 1pm – Dominoes 1-2pm – Int. Line Dance 2-3pm – Adv. Line Dance 2pm – Guitar Jam Session</p>
<p style="text-align: right;">28</p> <p>8am-5pm – Ceramics 8am-noon – Pool 9:30-noon-Chronic Disease Self Management 1pm – Dominoes 1-2:30 pm – Beg. Line Dance 2:30pm – Tai Chi 7pm – Dance – Russ Dorsey</p>	<p style="text-align: right;">29</p> <p>8am-5pm – Ceramics 8am – Pool, Quilting, “84” 9am – Exercise 9am – Needlecraft 10am – Party Bridge, Pinochle 12:30pm – Duplicate Bridge 1pm – Dominoes</p>	<p style="text-align: right;">30</p> <p>8am-5pm – Ceramics & Pool 9am-1pm – China Painting 9am – Exercise 1pm – Dominoes 1-2pm – Int. Line Dance 2-3pm – Adv. Line Dance 2pm – Guitar Jam Session</p>

The Center Update – Bedford Senior Activity Center
 April 2014

THURSDAY	FRIDAY
3	4
8am-5pm – Ceramics 8am – Pool, Quilting 9am – Exercise 10am – Party Bridge, Pinochle 12:30pm – Duplicate Bridge 1pm – Dominoes	8am-5pm – Ceramics 8am – “84” 9am – All Media Painting 12pm – Tai Chi 1pm – Dominoes 1:30pm – Guitar Jam Session
10	11
8am-5pm – Ceramics 8am – Pool, Quilting 9am – Exercise 10am – Party Bridge, Pinochle 12:30pm – Duplicate Bridge 1pm – Dominoes	8am-5pm – Ceramics 8am – “84” 9am – All Media Painting 12pm – Tai Chi 1pm – Dominoes 1:30pm – Guitar Jam Session
17	18
8am-5pm – Ceramics 8am – Pool, Quilting 8:30-10:30am – Blood Pressure 9am – Exercise 10am – LifeTime Hearing 10am – Party Bridge, Pinochle 12:30pm – Duplicate Bridge 1pm – Dominoes	CLOSED GOOD FRIDAY
24	25
8am-5pm – Ceramics 8am – Pool, Quilting 9am – Exercise 10am – Party Bridge, Pinochle 12:30pm – Duplicate Bridge 1pm – Dominoes 6pm Bingo	8am-5pm – Ceramics 8am – “84” 9am – All Media Painting 12pm – Tai Chi 1pm – Dominoes 1:30pm – Guitar Jam Session
	

CENTER PHONE NUMBERS

Cathy Haskell, Manager
 817-952-2329
 Rhonda Karnes-Scott: 817-952-2320
 Betty Hartman: 817-952-2325
 Dale Dawson: 817-952-2328



.....
Dances

April 7
 Gary Lee

April 14
 Pete & Patti

April 21
 Bill G Band
 St. Patrick's Day

April 28
 Russ Dorsey

.....
NARFE
 Wednesday, March 9th

Blood Pressure Checks
 1st Wednesday &
 3rd Thursday

*Hop on over to the Easter
Dance!*
April 21, 2014 7:00pm-9:30pm



\$6.00 per person
Refreshments will be served
Dance to the music of
Bill G Band