

BEDFORD SENIOR CENTER
The Bedford Bulletin
April 2015

2817 R.D. Hurt Pkwy. Bedford. TX 76021

817-952-2326

Dates To Remember

- 3- Good Friday
- 5- Easter
- 8- NARFE
- 13- Medical Power of Attorney Forms
- 15- Tax Day
- 16- Bingo
- 27- AS Lunch n Learn

Bingo Night

Bingo Night will be Thursday April 16th from 6-7:30 pm. As always, we ask that you sign up ahead of time.

Good Friday

Please note that the Senior Center will be closed Friday April 3rd in observance of Good Friday.

End of Life Paperwork

Students from Texas A&M University School of Law will be available to assist with completing FREE Medical Power of Attorney and Directive to Physician Forms! April 13th at 10:00am. Be sure to have the name, phone number and address of the person you want to name as your decision maker.

Easter Dance

Hop on over to the Easter Dance! April 6, 2015 \$6.00 per person. Come listen to Pete & Patti! This will be a Potluck dinner so bring your favorite dish.

Ankylosing Spondylitis (AS) Lunch N Learn

Dr Kathryn Hester will be here speaking on (AS) a condition that could be behind your chronic lower back pain. April 27th at 10:30am. Free Lunch will be served. Please sign up at front desk.

BEDFORD PET FAIR AND CITY EXPO

WHEN: Saturday, April 11 from 10:00am-2:00p.m.
WHERE: Boys Ranch Activity Center, 2801 Forest Ridge Dr. Come and check out our Pet Fair and City Expo on Saturday, April 18, from 10:00a.m. to 2:00p.m. Outside the Boys Ranch Activity Center there will be pets for adoption, local veterinarians, rescue groups, food and more. Inside the BRAC, the City will have booths from every department to answer any questions you may have. The Carter Blood Mobile will be on site as well, so don't forget to give blood before you leave.

CHUNK YOUR JUNK & CLEAN UP BEDFORD DAY

Saturday, April 18 from 8:00a.m.-12:00p.m. Clean Up Bedford day encourages businesses and citizens to clean up the city and their individual residences. To Chunk your Junk, bring non-hazardous items to the Meadow Park Athletic Complex, 3200 Meadow Park, as well as proof of your residency.

Accepting items such as: building materials, yard trash, electronic equipment and more.

The Bedford Bulletin – Bedford Senior Activity Center
 April 2015

| MONDAY | TUESDAY | WEDNESDAY |
|---|---|---|
|  | | <p style="text-align: right;">1</p> <p>8am-5pm – Ceramics & Pool 9am-1pm – China Painting 9am – Exercise 1pm – Dominoes NO LINE DANCING 2pm – Guitar Jam Session</p> |
| <p style="text-align: right;">6</p> <p>8am-5pm – Ceramics 8am-noon – Pool 1pm – Dominoes NO LINE DANCING 2:30pm – Tai Chi 7:00- Dance- Pete & Patti</p> | <p style="text-align: right;">7</p> <p>8am-5pm – Ceramics 8am – Pool, Quilting, “84” 9am – Exercise 9am – Needlecraft 10am –Pinochle 12:30pm – Duplicate Bridge 1pm – Dominoes</p> | <p style="text-align: right;">8</p> <p>8am-5pm – Ceramics & Pool 9am-1pm – China Painting 10am – NARFE 1pm – Dominoes NO LINE DANCING 2pm – Guitar Jam Session</p> |
| <p style="text-align: right;">13</p> <p>8am-5pm – Ceramics 8am-noon – Pool 10am-End of Life Documents 1pm – Dominoes 1-2:30 pm – Beg. Line Dance 2:30pm – Tai Chi 7pm – Dance –Doc Gibbs</p> | <p style="text-align: right;">14</p> <p>8am-5pm – Ceramics 8am – Pool, Quilting, “84” 9am – Exercise 9am – Needlecraft 10am –Pinochle 12:30pm – Duplicate Bridge 1pm – Dominoes</p> | <p style="text-align: right;">15</p> <p>8am-5pm – Ceramics & Pool 9am-1pm – China Painting 9am – Exercise 1pm – Dominoes 1-2pm – Int. Line Dance 2-3pm – Adv. Line Dance 2pm – Guitar Jam Session</p> |
| <p style="text-align: right;">20</p> <p>8am-5pm – Ceramics 8am-noon – Pool 1pm – Dominoes 1-2:30 pm – Beg. Line Dance 2:30pm – Tai Chi 7pm – Dance – Bill G Trio</p> | <p style="text-align: right;">21</p> <p>8am-5pm – Ceramics 8am – Pool, Quilting, “84” 9am – Exercise 9am – Needlecraft 10am –Pinochle 12:30pm – Duplicate Bridge 1pm – Dominoes</p> | <p style="text-align: right;">22</p> <p>8am-5pm – Ceramics & Pool 9am-1pm – China Painting 9am – Exercise 1pm – Dominoes 1-2pm – Int. Line Dance 2-3pm – Adv. Line Dance 2pm – Guitar Jam Session</p> |
| <p style="text-align: right;">27</p> <p>8am-5pm – Ceramics 8am-noon – Pool 10:30am-AS Lunch n Learn 1pm – Dominoes 1-2:30 pm – Beg. Line Dance 2:30pm – Tai Chi 7pm – Dance – Russ Dorsey</p> | <p style="text-align: right;">28</p> <p>8am-5pm – Ceramics 8am – Pool, Quilting, “84” 9am – Exercise 9am – Needlecraft 10am –Pinochle 12:30pm – Duplicate Bridge 1pm – Dominoes</p> | <p style="text-align: right;">29</p> <p>8am-5pm – Ceramics & Pool 9am-1pm – China Painting 9am – Exercise 1pm – Dominoes 1-2pm – Int. Line Dance 2-3pm – Adv. Line Dance 2pm – Guitar Jam Session</p> |

| THURSDAY | FRIDAY | CENTER PHONE NUMBERS |
|---|---|---|
| 2 8am-5pm – Ceramics 8am – Pool, Quilting 8:30am-10:30- Blood Pressure 9am – Exercise 10am – Party Bridge, Pinochle 12:30pm – Duplicate Bridge 1pm – Dominoes | 3 CLOSED GOOD FRIDAY | Cathy Haskell, Manager 817-952-2329 Rhonda Karnes-Scott: 817-952-2320 Janet O'Dell: 817-952-2325 Dale Dawson: 817-952-2328  |
| 9 8am-5pm – Ceramics 8am – Pool, Quilting 9am – Exercise 10am-12pm- “42” 10am –Pinochle 12:30pm – Duplicate Bridge 1pm – Dominoes | 10 8am-5pm – Ceramics 8am – “84” 8am – All Media Painting 12pm – Tai Chi 1pm – Dominoes 1:30pm – Guitar Jam Session | <u>Dances</u> April 6 Pete & Patti April 13 Doc Gibbs April 20 Bill G Trio April 27 Russ Dorsey |
| 16 8am-5pm – Ceramics 8am – Pool, Quilting 8:30-10:30am – Blood Pressure 9am – Exercise 10am-12pm- “42” 10am Pinochle 12:30pm – Duplicate Bridge 1pm – Dominoes | 17 8am-5pm – Ceramics 8am – “84” 8am – All Media Painting 12pm – Tai Chi 1pm – Dominoes 1:30pm – Guitar Jam Session | <u>NARFE</u> Wednesday, April 8th |
| 23 8am-5pm – Ceramics 8am – Pool, Quilting 9am – Exercise 10am-12pm- “42” 10am –Pinochle 12:30pm – Duplicate Bridge 1pm – Dominoes 6pm Bingo | 24 8am-5pm – Ceramics 8am – “84” 8am – All Media Painting 12pm – Tai Chi 1pm – Dominoes 1:30pm – Guitar Jam Session | <u>Blood Pressure Checks</u> 1 st Thursday & 3 rd Thursday |
| 30 8am-5pm – Ceramics 8am – Pool, Quilting 9am – Exercise 10am-12pm- “42” 10am –Pinochle 12:30pm – Duplicate Bridge 1pm – Dominoes 6pm Bingo | | |

*Hop on over to the Easter
Dance!
April 6, 2015 7:00pm-9:30pm*



*\$6.00 per person
Bring your favorite dish as this
will be a Potluck dinner.
Dance to the music of
Pete & Patti.*