

BEDFORD SENIOR ACTIVITY CENTER

# The Bedford Bulletin 817-952-2326

2817 R.D. Hurt Pkwy

Bedford, TX 76021

## December 2014

### **Dates To Remember**

December 12- Holiday luncheon

December 23 – 12pm Closing

December 24-25 – Senior Center Closed

January 1 – Senior Center Closed

### **Holiday Luncheon**

The Senior Center Holiday luncheon will be held on December 12, 2014 at 12 noon.

Please register at front desk. We ask that you bring a non-perishable food item to benefit N.E.E.D.

### **Library at Capacity**

Thanks for all your donations to the library, but we ask that you stop bringing anything more as we are at capacity. Thank you!

### **Donation Food for N.E.E.D.**

We would like to say thanks to all that have donated food for N.E.E.D. If you haven't already donated and would like to you can bring your non-perishable food item to the Holiday Luncheon on December 12, 2014. Thank you!

### **St. Jude's Recycled Card Program**

This year we are participating in St. Jude's recycled greeting card program. Recycled cards are sold to support St. Jude's programs and services for abused, neglected and homeless children, young adults and families. Please bring your used greeting cards to Rhonda by January 15<sup>th</sup> and she will send them to St. Jude's where they will be recycled. Any type of card is ok except Hallmark, Disney, or American Greeting.

### **Blood Pressure Check**

The 1<sup>st</sup> Wednesday and 3<sup>rd</sup> Thursday of every month the Senior Center will have blood pressure checks available at no cost. This service will be held in the Library room from 8:30-10:30am.

### **Bingo Night**

Bingo night will resume in January after the holidays. For questions or more information please see Rhonda or call 817-952-2320.

### **Holiday Closings**

The Senior Center will be closing at 12pm on December 23<sup>rd</sup> and will re-open on December 26<sup>th</sup>. We will also be closed on January 1, 2014.

The Center Update – Bedford Senior Activity Center  
December 2014

MONDAY	TUESDAY	WEDNESDAY
1 8am-5pm – Ceramics 8am-noon – Pool 1pm – Dominoes 1-2:30 pm – Beg. Line Dance 2:30pm – Tai Chi 7pm – Dance – Gary Lee	2 8am-5pm – Ceramics 8am – Pool, Quilting, “84” 9am – Exercise 9am – Needlecraft 10am –Pinochle 12:30pm – Duplicate Bridge 1pm – Dominoes	3 8am-5pm – Ceramics & Pool 8:30-10:30- Blood Pressure 9am-1pm – China Painting 9am – Exercise 1pm – Dominoes 1-2pm – Int. Line Dance 2-3pm – Adv. Line Dance 2pm – Guitar Jam Session
8 8am-5pm – Ceramics 8am-noon – Pool 1pm – Dominoes 1-2:30 pm – Beg. Line Dance 2:30pm – Tai Chi 7pm – Dance – Pete & Patti	9 8am-5pm – Ceramics 8am – Pool, Quilting, “84” 9am – Exercise 9am – Needlecraft 10am –Pinochle 12:30pm – Duplicate Bridge 1pm – Dominoes	10 8am-5pm – Ceramics & Pool 9am-1pm – China Painting 10am- NARFE 1pm – Dominoes 1-2pm – Int. Line Dance 2-3pm – Adv. Line Dance 2pm – Guitar Jam Session
15 8am-5pm – Ceramics 8am-noon – Pool 1pm – Dominoes 1-2:30 pm – Beg. Line Dance 2:30pm – Tai Chi 7pm – Dance – Bill G Band- Holiday Dance	16 8am-5pm – Ceramics 8am – Pool, Quilting, “84” 9am – Exercise 9am – Needlecraft 10am –Pinochle 12:30pm – Duplicate Bridge 1pm – Dominoes	17 8am-5pm – Ceramics & Pool 9am-1pm – China Painting 9am – Exercise 1pm – Dominoes 1-2pm – Int. Line Dance 2-3pm – Adv. Line Dance 2pm – Guitar Jam Session
22 8am-5pm – Ceramics 8am-noon – Pool 1pm – Dominoes 1-2:30 pm – Beg. Line Dance 2:30pm – Tai Chi 7pm – Dance – Russ Dorsey	23 <b>Senior Center Closed at 12pm</b>	24 <b>Senior Center Closed</b>
29 8am-5pm – Ceramics 8am-noon – Pool 1pm – Dominoes 1-2:30 pm – Beg. Line Dance 2:30pm – Tai Chi NO DANCE	30 8am-5pm – Ceramics 8am – Pool, Quilting, “84” 9am – Exercise 9am – Needlecraft 10am –Pinochle 12:30pm – Duplicate Bridge 1pm – Dominoes	31 8am-5pm – Ceramics & Pool 9am-1pm – China Painting 9am – Exercise 1pm – Dominoes 1-2pm – Int. Line Dance 2-3pm – Adv. Line Dance 2pm – Guitar Jam Session

The Center Update – Bedford Senior Activity Center  
December 2014

THURSDAY	FRIDAY
4	5
8am-5pm – Ceramics 8am – Pool, Quilting 9am – Exercise 10am –Pinochle 12:30pm – Duplicate Bridge 1pm – Dominoes	8am-5pm – Ceramics 8am – “84” 9am – All Media Painting 12pm – Tai Chi 1pm – Dominoes 1:30pm – Guitar Jam Session
11	12
8am-5pm – Ceramics 8am – Pool, Quilting 9am – Exercise 10am –Pinochle 10am-12pm – “42” 12:30pm – Duplicate Bridge 1pm – Dominoes	8am-5pm – Ceramics 8am – “84” 9am – All Media Painting 12pm – Tai Chi 1pm – Dominoes 1:30pm – Guitar Jam Session
18	19
8am-5pm – Ceramics 8am – Pool, Quilting 8:30-10:30am – Blood Pressure 9am – Exercise 10am –Pinochle 12:30pm – Duplicate Bridge 1pm – Dominoes	8am-5pm – Ceramics 8am – “84” 9am – All Media Painting 12pm – Tai Chi 1pm – Dominoes 1:30pm – Guitar Jam Session
25	26
<b>Senior Center Closed</b>	8am-5pm – Ceramics 8am – “84” 9am – All Media Painting 12pm – Tai Chi 1pm – Dominoes 1:30pm – Guitar Jam Session
	

**CENTER PHONE NUMBERS**  
Main # 817-952-2326

Cathy Haskell, Manager  
817-952-2329  
Rhonda Karnes-Scott: 817-952-2320  
Betty Youngman: 817-952-2325  
Dale Dawson: 817-952-2328



.....  
**Dances**

**December 1**  
Gary Lee

**December 8**  
Pete & Patti

**December 15**  
Bill G Band

**December 22**  
Russ Dorsey

**December 29**  
No Dance

.....  
**NARFE**

Wednesday, December 10<sup>th</sup>

**Blood Pressure Checks**

1<sup>st</sup> Wednesday &  
3<sup>rd</sup> Thursday

## Christmas Joys

Evergreen boughs that fill our homes  
With fragrant Christmas scents,  
Hearts filled with the loving glow  
That Christmas represents;  
Christmas cookies, turkeys stuffed,  
Festive holly berry,  
Little faces bright with joy,  
Loved ones being merry;  
Parties, songs, beribboned gifts,  
Silver bells that tinkle,  
Christmas trees and ornaments,  
Colorful lights that twinkle;  
Relatives waiting with open arms  
To smile and hug and kiss us;  
These are some of the special joys  
That come along with Christmas.

*By Joanna Fuchs*

