

Senior Connections



Teacher & Artist Sandy Richardson

by Rebecca Asher

Sandy Richardson is the Art Instructor at the Senior Center and has been teaching for the past 14 years. She works in a variety of mediums of pastels, watercolor, pencil, and oils; and assists students in the areas of composition and color. "It's more about community than art," Richardson said. "I love watching people grow and when they get a ribbon for their work, I feel it's part mine."

Many talented artists study with Sandy but Sandy is a decorated artist, herself having won 11- 1st Place ribbons, one Best in Show ribbon at the Texas State Fair and numerous People's Choice Awards.

Richardson has been a resident of Bedford for 47 years and remembers when she first started teaching, "We started with three card tables and only two students."

Today classes are packed with 18 six-foot tables and each of those tables is filled with students. Many of Sandy's students are former teachers, engineers, professors, machinists and doctors. "There is so much talent here," Richardson said.

There will be an Art Show on May 6 at the Senior Center, where student artwork will be displayed and available to purchase.

Cathy's Corner:

Have you noticed how beautiful our landscaping is looking this spring? I would like to give a big shout out to the Bedford Beautification Commission for their thoughtfulness and hard work in making the outside of our building look so nice!

While I'm giving thanks, kudos to Mike Smith, with The Partners Insurance Group, for treating us to a healthy breakfast for the kick-off of our Spring Walking Program. And yet another "thank you" to Beverly Brewer with The Wellington for serving us a delicious lunch on March 20. Keep checking our "Coming Events" bulletin board so you don't miss out on the fun.

I hope you are making the time to get outside and enjoy the beautiful spring weather. It never seems to last long enough, does it?

"April hath put a spirit of youth in everything."

~William Shakespeare

Cathy Haskell
Senior Center Manager
817-952-2326

**Twilight Thursdays begin April 4 at
Old Bedford School 7-9 p.m. on the South Lawn**

April 4 Beatles Tribute

April 18 Blues

May 2 Celtic Rock

April 11 Texas Heritage Music

April 25 Big Band

May 9 Stomp

NEWS ON THE GO

WALK ACROSS TEXAS

Stay motivated with our mid-way meeting. Join us on April 15 at 9 a.m. for a healthy breakfast and walk. Preregistration is required. Sign-up with Cathy or Jared.

BLOOD PRESSURE CHECKS

1st Wednesday & 3rd Thursday

BEDFORD BEAUTIFICATION COMMISSION

Special thanks to the Beautification Committee for their hard work around the Senior Center and Boys Ranch Park. Smokers please place your cigarette butts in the ash trays under the tree.

TEXAS RANGERS OPENING DAY

Join us on Friday April 5 to kick-off the start of the Texas Rangers season. A hotdog lunch will be served from 11 a.m.-2 p.m. Remember to wear your favorite Rangers gear.

Memoriam

No mentions this month

New Classes Forming

MACHINE SEWING

Classes are now offered at the Senior Center on Mondays from 10-11am. A serger demonstration will be available on Thursday, April 4 at 1 p.m.

COMPUTER CLASSES

Looking to improve your computer knowledge? The Bedford Library is now offering free classes on Tuesdays from 10-11 a.m. in the Technology Center. For questions, please call 817-952-2346.

AARP

This month's meeting will be held on April 8 at 10 a.m. in the Senior Center. The guest speaker this month will be from Meals on Wheels.

MEMBERSHIP UPDATE

Please check your membership status. Renewals can be done at the front desk. Memberships are \$5.00 for residents and \$10 for non residents.



Walk Across Texas Kicks-off

Senior began walking last month around the Boys Ranch Lake. Jared Blake, Recreation Specialist for the Senior Center, led the enthusiastic group in an informational session and warm-up that included stretches and low impact exercises.

The team continues to push toward their goal of walking 830 miles over the next eight weeks. There will motivational meeting on April 15 at 9 a.m. that will include a healthy breakfast and a walk around the lake. Preregistration is required and sign-ups can be done with either Cathy or Jared.



Dates to Remember

April 1 Sonas Seminar

April 4 Serger Demo

April 5 Rangers Opening Day

April 15 Walk Across Texas Meeting

April 22 Bluebonnet Hills Seminar

CONTRIBUTORS

CATHY HASKELL-
Senior Center Manager

JARED BLAKE-
Recreation Specialist

REBECCA ASHER-
Marketing Specialist

DOMINIK PIERCE-
Communications Coordinator

MONDAY	TUESDAY	WEDNESDAY
<p>1 8 a.m. - 5 p.m. – Ceramics 8 a.m. - noon – Pool 10 a.m. Sonas Seminar 10 - 11 a.m. – Machine Sewing 1 p.m. – Dominoes 1 -2:30 p.m. – Beg. Line Dance 2:30 p.m. – Tai Chi 7 p.m. – Dance – Classis Country</p>	<p>2 8 a.m. - 5 p.m. – Ceramics 8 a.m. – Pool, Quilting, “84” 9 a.m. – Exercise 9 a.m. – Needlecraft 10 a.m. – Party Bridge, Pinochle 12:30 p.m. – Duplicate Bridge 1 p.m. – Dominoes</p>	<p>3 8 a.m. - 5 p.m. – Ceramics & Pool 8:30 - 10:30 a.m. - Blood Pressure 9 a.m. - 1 p.m. – China Painting 9 a.m. – Excercise 1 p.m. – Dominoes 1 - 2 p.m. – Int. Line Dance 2 - 3 p.m. – Adv. Line Dance 2 p.m. – Guitar</p>
<p>8 8 a.m. - 5 p.m. – Ceramics 8 a.m. - noon – Pool 10 a.m. – AARP 10 - 11 a.m. – Machine Sewing 1 p.m. – Dominoes 1 - 2:30 p.m. – Beg. Line Dance 2:30 p.m. – Tai Chi 7 p.m. – Dance – Gary Lee</p>	<p>9 8 a.m. - 5 p.m. – Ceramics 8 a.m. – Pool, Quilting, “84” 9 a.m. – Exercise 9 a.m. – Needlecraft 10 a.m. – Party Bridge, Pinochle 12:30 p.m. – Duplicate Bridge 1 p.m. – Dominoes</p>	<p>10 8 a.m. - 5 p.m. – Ceramics & Pool 9 a.m. - 1 p.m. – China Painting 10 a.m. – NARFE 1 p.m. – Dominoes 1-2 p.m. – Int. Line Dance 2-3 p.m. – Adv. Line Dance 2 p.m. – Guitar</p>
<p>15 8 a.m. - 5 p.m. – Ceramics 8 a.m. - noon – Pool 9 a.m. - Walk Across Texas 10 - 11 a.m. – Machine Sewing 1 p.m. – Dominoes 1 - 2:30 p.m. – Beg. Line Dance 2:30 p.m. – Tai Chi 7 p.m. – Dance – Classic Country</p>	<p>16 8 a.m.-5 p.m. – Ceramics 8 a.m. – Pool, Quilting, “84” 9 a.m. – Exercise 9 a.m. – Needlecraft 10 a.m. – Party Bridge, Pinochle, 12:30 p.m. – Duplicate Bridge 1 p.m. – Dominoes</p>	<p>17 8 a.m. - 5 p.m. – Ceramics & Pool 9 a.m. - 1 p.m. – China Painting 9 a.m. - Exercise 1 p.m. – Dominoes 1-2 p.m. – Int. Line Dance 2-3 p.m. – Adv. Line Dance 2 p.m. – Guitar</p>
<p>22 8 a.m. - 5 p.m. – Ceramics 8 a.m. - noon – Pool 9:30 a.m. - Bluebonnet hills 10 - 11 a.m. – Machine Sewing 1 p.m. – Dominoes 1 - 2:30 p.m. – Beg. Line Dance 2:30 p.m. – Tai Chi 7 p.m. – Dance – Blue Diamond Trio</p>	<p>23 8 a.m.-5 p.m. – Ceramics 8 a.m. – Pool, Quilting, “84” 9 a.m. – Exercise 9 a.m. – Needlecraft 10 a.m. – Party Bridge, Pinochle 12:30 p.m. – Duplicate Bridge 1 p.m. – Dominoes 6-10 p.m.-Defensive Driving</p>	<p>24 8 a.m.-5 p.m. – Ceramics & Pool 9 a.m.-1 p.m. – China Painting 9 a.m. – Exercise 1 p.m. – Dominoes 1-2 p.m. – Int. Line Dance 2-3 p.m. – Adv. Line Dance 2 p.m. – Guitar</p>
<p>29 8 a.m. - 5 p.m. – Ceramics 8 a.m. - noon – Pool 10 - 11 a.m. – Machine Sewing 1 p.m. – Dominoes 1 - 2:30 p.m. – Beg. Line Dance 2:30 p.m. – Tai Chi 7 p.m. – Dance – Russ Dorsey</p>	<p>30 8 a.m.-5 p.m. – Ceramics 8 a.m. – Pool, Quilting, “84” 9 a.m. – Exercise 9 a.m. – Needlecraft 10 a.m. – Party Bridge, Pinochle 12:30 p.m. – Duplicate Bridge 1 p.m. – Dominoes</p>	 <p>North Central Ballet Presents "Peter and the Wolf"</p>

THURSDAY	FRIDAY	CENTER PHONE NUMBERS
<p>4 8 a.m. - 5 p.m. – Ceramics 8 a.m. – “84” 9 a.m. – All Media Painting 12 p.m. – Tai Chi 1 p.m. – Dominoes 1:30 p.m. – Guitar</p>	<p>5 8 a.m. - 5 p.m. – Ceramics 8 a.m. – “84” 9 a.m. – All Media Painting 11 a.m. - 2 p.m. – Hotdog Lunch 12 p.m. – Tai Chi 1 p.m. – Dominoes 1:30 p.m. – Guitar</p>	<p>Cathy Haskell, Manager 817-952-2329</p> <p>Jared Blake: 817-952-2320 Betty Youngman: 817-952-2325 Dale Dawson: 817-952-2328</p>
<p>11 8 a.m. - 5 p.m. – Ceramics 8 a.m. – Pool, Quilting 9 a.m. – Exercise 10 a.m. – Party Bridge, Pinochle 12:30 p.m. – Duplicate Bridge 1 p.m. – Dominoes</p>	<p>12 8 a.m. - 5 p.m. – Ceramics 8 a.m. – “84” 9 a.m. – All Media Painting 12 p.m. – Tai Chi 1 p.m. – Dominoes 1:30 p.m. – Guitar</p>	<p>Dances</p> <p>April 1 Gary Lee</p> <p>April 8 Classic Country</p>
<p>18 8 a.m. - 5 p.m. – Ceramics 8 a.m. – Pool, Quilting 8:30 - 10:30 a.m. - Blood Pressure 9 a.m. – Exercise 10 a.m. – Party Bridge, Pinochle 12:30 p.m. – Duplicate Bridge 1 p.m. – Dominoes</p>	<p>19 8 a.m. - 5 p.m. – Ceramics 8 a.m. – “84” 9 a.m. – All Media Painting 12 p.m. – Tai Chi 1 p.m. – Dominoes 1:30 p.m. – Guitar</p>	<p>April 15 Blue Diamond Trio</p> <p>April 22 Russ Dorsey Spring Dance</p> <p>April 29 Russ Dorsey</p>
<p>25 8 a.m. - 5 p.m. – Ceramics 8 a.m. – Pool, Quilting 9 a.m. – Exercise 10 a.m. – Party Bridge, Pinochle 12:30 p.m. – Duplicate Bridge 1 p.m. – Dominoes</p>	<p>26 8 a.m. - 5 p.m. – Ceramics 8 a.m. – “84” 9 a.m. – All Media Painting 12 p.m. – Tai Chi 1 p.m. – Dominoes 1:30 p.m. – Guitar</p>	<p>AARP Monday, April 8</p> <p>NARFE Wednesday, April 10</p>
 <p>Classic Movie Night oldbedfordschool.com</p>	 <p>Twilight Thursdays Outdoor Concert Series oldbedfordschool.com</p>	<p>Blood Blood Pressure Checks First Wednesday & Third Thursday</p>



Van Cliburn Concert at the Old Bedford School

This spring the City of Bedford will continue the Van Cliburn series at the Old Bedford School. Mariangela Vacatello is 27 years old and born in Naples, Italy, from a family of musicians. Ms. Vacatello made her official debut at the age of fourteen, performing Liszt's First Piano Concerto with the Pomeriggi Musical Orchestra in Milan.

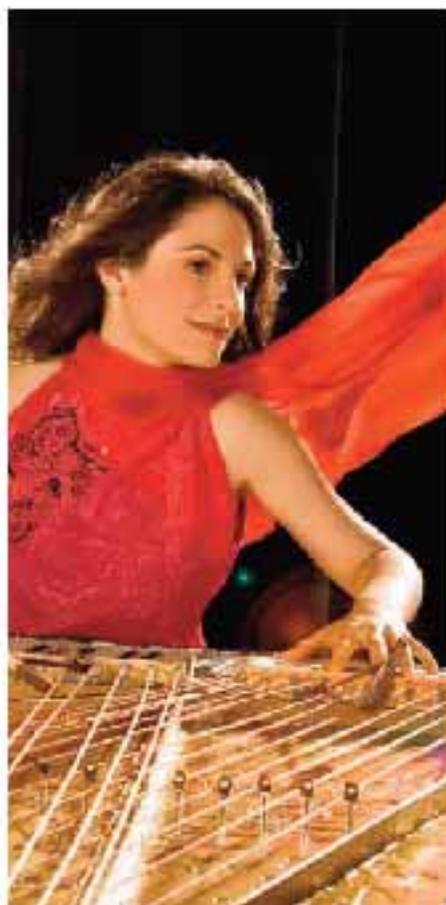
She is the winner of numerous prestigious international prizes and awards such as, finalist and winner of the Internet Audience Award at the 2008 Van Cliburn International Piano Competition, winner of the Top of the World International Piano Competition 2008, winner of the Laureate Prize at the Queen Elisabeth International Music Competition in 2007, Second Prize at the Ferruccio Busoni International Piano Competition in 2005 and Second Prize at the Franz Liszt International Piano Competition in 1999.

Mariangela Vacatello is an internationally acclaimed concert pianist, recognized worldwide for her passion, technical ability and magnificent musicality. Mariangela Vacatello is charming and vivacious to patrons, and colorful and fiery at the piano.

Date: Sunday, May 5, 2013
Time: 3 p.m.
Cost: \$25

Listen to Mariangela Vacatello's music at mariangela.vacatello.com. A reception with a meet and greet and refreshments will be served after the performance. To purchase tickets online visit oldbedfordschool.com.

If you have questions you can call 817-852-2290 or email Amy Bourquin at Amy.bourquin@bedfordtx.gov.



Le Theatre de Marionette performs "Hansel and Gretel"

Date: May 1
Time: 10 a.m.
Location: Old Bedford School

Le Theatre de Marionette, an award winning Texas original, presents Hansel and Gretel, an amusing take on the Grimm Brothers' classic fairytale. Join the familiar pair of siblings and their pet goat, Willy as Hansel and Gretel venture into the woods to find berries for supper. Theatergoers will adore the cast of characters which includes Sandor the Sandman, delightful forest creatures, guardian Angels, and of course the kooky candy witch, Lady Rosina Sweet-tooth!

Vividly presented with beautiful, hand-crafted marionette puppets, Le Theatre's Hansel and Gretel is sure to delight and amuse as these two children cleverly outwit the candy witch. Recommended for families with children age 3 and up, this show is approximately 45 minutes in length.

Le Theatre de Marionette has entertained children and adults since 1985 and the DFW-based troupe continues to perform European-style marionette puppetry at a variety of venues such as the Texas State Fair, Six Hags, The Dallas Museum of Art, The Nasher Sculpture Center as well as surrounding urban and rural school districts.

More information on Le Theatre is available online at letheatre.demadonette.com.

Beautification Commission

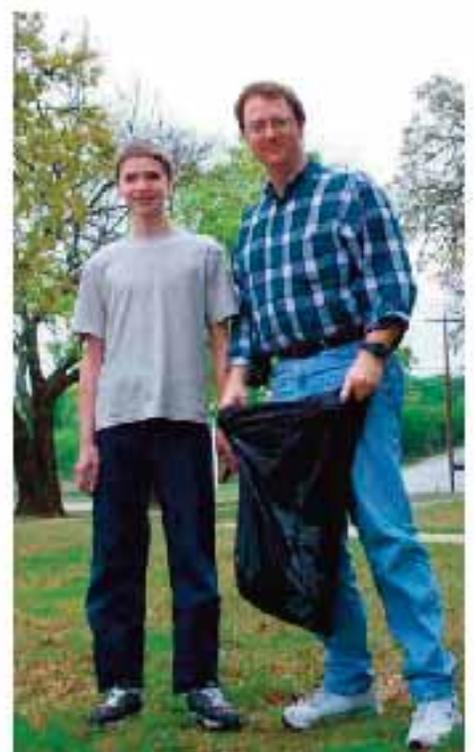
The Beautification Commission welcomes Bedford residents who are interested in working on projects to:

- Improve the overall appearance of City properties.
- Recognize businesses that improve or maintain exemplary landscapes.
- Enhance the quality of the environment by recycling and removing household waste promote organic gardening in the Community Garden.

The Commission carries out these goals by providing leadership during monthly and annual events. In addition to monthly planning meetings, the following events are planned for 2013:

- Monthly work-days in Boys Ranch Park where Teen Court Kids assist Commission Members in maintaining the flower beds.
- Clean Up Bedford Day, April 27 (8 a.m. until Noon) where businesses and neighborhoods partner to collect trash from areas needing attention.
- Chunk Your Junk day on April 27, 2013 at Meadowpark Athletic Complex (8 a.m. until Noon).
- Business recognition days are when businesses are nominated by residents and approved by the City Council. Businesses are acknowledged with a recognition certificate and provided a sign placed at their business for a month.
- Crud Day, March 16 and September 21 (8 a.m. - 11 a.m.) when Bedford residents are provided the opportunity to safely dispose of their hazardous waste materials.
- Paper Shred Event, October 12 (8 a.m. until Noon) where Bedford residents can have their old documents securely shredded.
- Distribute educational materials to promote a safe and healthy environment by recycling, reducing, reusing, and rebuying. A special effort is given to providing and promoting information that facilitates the City Recycling contract. These brochures can be found on City displays throughout the City.
- Promotion of the Commission goals through information given to the residents in the Bedford Connection.

If you are a Bedford resident, and have a common interest in any of the Beautification goals, the Commission needs you. Please call the City Secretary (817-852-2101) or send an e-mail to michael.wells@bedfordtx.gov to request an application for the Beautification Commission.



Paper Shred Event - October 12, 2013



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