



BEDFORD BULLETIN



A publication of the Bedford Senior Activity Center

April 2019

Bedford Senior Activity Center

2817 R.D. Hurt Pkwy.

Bedford, TX 76021

817-952-2326

www.bedfordtx.gov/senior/

Hours of Operation

Mon.-Fri.

8 a.m. – 5 p.m.

Center Phone Numbers

Cathy Haskell, Manager

817-952-2329

Rhonda Karnes-Scott

817-952-2320

Mary Massey

817-952-2325

Dale Dawson

817-952-2328

Bingo

Free Bingo! Come join us for bingo, fun and prizes! April 1, at 6:00 p.m. Refreshments will be served. Please sign up with staff or call 817-952-2326 to register.

Livens & Reed

Attorneys at Law, will be here to discuss Estate Planning. Monday, April 1, from 11:00 a.m. to 12:00 p.m. This will be a Lunch N Learn so please sign up with staff or call 817-952-2326 to register.

Motivational Speaker

Bill Black, motivational speaker, will be here to discuss recreation, healthy eating and intelligent training that will encourage fitness, longevity and a higher quality of life for seniors. Monday, April 22, from 10:00 a.m. to 11:30 a.m. Please sign up with staff or call 817-952-2326 to register.

Walking Club

It's time to walk! We will meet at the senior center and walk around our beautifully renovated park. Come get your exercise while enjoying each other's company. Wednesday, April 3, 2019, from 8:00 a.m. to 9:00 a.m.

Closing

We will be closed on April 19 for Good Friday.

Dance Lessons

FREE Dance Lessons! The dance will be Advanced Rumba. April 8, 15, 22, 29 at 6:00 p.m. No charge at this time!

Needle Art Classes

Do you enjoy needlework? Or do you want to learn some form of it? Come check out our group on Tuesday mornings to see what you are missing!



MONDAY	TUESDAY	WEDNESDAY
<p style="text-align: right;">1</p> <p>8 a.m.-Ceramics & Pool 9 a.m. – China Painting 11 a.m.-Livens and Reed Elder Law 1 p.m.-Dominoes 1 p.m.- Beg. Line Dance 2:30 p.m.- Tai Chi 6 p.m.-Bingo</p>	<p style="text-align: right;">2</p> <p>8 a.m.-Ceramics 8 a.m.-Pool, Quilting 9 a.m.- Needlecraft 9 a.m.-Exercise 9 a.m.- Needlecraft 10a a.m.-.Party Bridge 10 a.m.- Pinochle 12:30 p.m.- Duplicate Bridge 1 p.m.- Dominoes</p>	<p style="text-align: right;">3</p> <p>8 a.m.-Ceramics & Pool 8 a.m. – Walking Club 9 a.m.-Exercise 10:30 a.m.-Tai Chi 1 p.m.-Dominoes 1 p.m.-Int. Line Dance 2 p.m.- Adv. Line Dance 2 p.m.- Guitar Jam Session</p>
<p style="text-align: right;">8</p> <p>8 a.m.-Ceramics & Pool 9 a.m. – China Painting 1 p.m.-Dominoes 1 p.m.- Beg. Line Dance 2:30 p.m.- Tai Chi 6 p.m.-Dance Lessons 7 p.m.- Dance-Pete & Patti</p>	<p style="text-align: right;">9</p> <p>8 a.m.-Ceramics 8 a.m.-Pool, Quilting 9 a.m.- Needlecraft 9 a.m.-Exercise 9 a.m.- Needlecraft 10a a.m.-.Party Bridge 10 a.m.- Pinochle 12:30 p.m.- Duplicate Bridge 1 p.m.- Dominoes</p>	<p style="text-align: right;">10</p> <p>8 a.m.-Ceramics & Pool 8 a.m. – Walking Club 9 a.m.-Exercise 10:30 a.m.-Tai Chi 1 p.m.-Dominoes 1 p.m.-Int. Line Dance 2 p.m.- Adv. Line Dance 2 p.m.- Guitar Jam Session</p>
<p style="text-align: right;">15</p> <p>8 a.m.-Ceramics & Pool 9 a.m. – China Painting 1 p.m.-Dominoes 1 p.m.-Beg. Line Dance 2:30 p.m.- Tai Chi 6 p.m.-Dance Lessons 7 p.m.-Dance- Now & Then</p>	<p style="text-align: right;">16</p> <p>8 a.m.-Ceramics 8 a.m.-Pool, Quilting 9 a.m.-Exercise 9 a.m.- Needlecraft 10 a.m.-Party Bridge 10 a.m.- Pinochle 12:30 p.m.- Duplicate Bridge 1 p.m.- Dominoes</p>	<p style="text-align: right;">17</p> <p>8 a.m.-Ceramics & Pool 8 a.m. – Walking Club 9 a.m.-Exercise 10:30 a.m.-Tai Chi 1 p.m.-Dominoes 1 p.m.-Int. Line Dance 2 p.m.- Adv. Line Dance 2 p.m.- Guitar Jam Session</p>
<p style="text-align: right;">22</p> <p>8 a.m.- Ceramics & Pool 9 a.m. – China Painting 10 a.m.-Bill Black 1pm-Dominoes 1pm-2:30pm- Beg. Line Dance 2:30pm- Tai Chi 6 p.m.-Dance Lessons 7 p.m.-Dance-Larry Funchess</p>	<p style="text-align: right;">23</p> <p>8 a.m.-Ceramics 8 a.m.-Pool, Quilting 9 a.m.-Exercise 9 a.m.- Needlecraft 10 a.m.-Party Bridge 10 a.m.- Pinochle 12:30 p.m.- Duplicate Bridge 1 p.m.- Dominoes</p>	<p style="text-align: right;">24</p> <p>8 a.m.-Ceramics & Pool 8 a.m. – Walking Club 9 a.m.-Exercise 10:30 a.m.-Tai Chi 1 p.m.-Dominoes 1 p.m.-Int. Line Dance 2 p.m.- Adv. Line Dance 2 p.m.- Guitar Jam Session</p>
<p style="text-align: right;">29</p> <p>8 a.m.-Ceramics & Pool 9 a.m. – China Painting 1 p.m.-Dominoes 1 p.m.-Beg. Line Dance 2:30 p.m.- Tai Chi 6 p.m.-Dance Lessons 7 p.m.-Dance-Doc Gibbs</p>	<p style="text-align: right;">30</p> <p>8 a.m.-Ceramics 8 a.m.-Pool, Quilting 9 a.m.-Exercise 9 am- Needlecraft 10 a.m.-Party Bridge 10 a.m.- Pinochle 12:30 p.m.- Duplicate Bridge 1 p.m.- Dominoes</p>	

<u>THURSDAY</u>	<u>FRIDAY</u>	
<p style="text-align: right;">4</p> <p>8 a.m.-Ceramics 8 a.m.- Pool, Quilting 9 a.m.- Exercise 9:45 a.m. – “42” 10 a.m. - Pinochle 10am-Party Bridge 12:30 p.m.-Duplicate Bridge 1 p.m.- Dominoes 1 p.m.- Mah Jong</p>	<p style="text-align: right;">5</p> <p>8 a.m.-Ceramics 9 a.m.- Multi-Media Arts and Crafts 12 p.m.- Tai Chi 1 p.m.-Adult Coloring 1 p.m.- Dominoes 1:30 p.m.- Guitar Jam Session</p>	<p style="text-align: center;"><u>Dances</u> April 8-Pete & Patti April 15-Now & Then April 22-Larry Funchess April 29-Doc Gibbs</p>
<p style="text-align: right;">11</p> <p>8 a.m.-Ceramics 8 a.m.- Pool, Quilting 9 a.m.- Exercise 9:45 a.m. – “42” 10 a.m. - Pinochle 10am-Party Bridge 12:30 p.m.-Duplicate Bridge 1 p.m.- Dominoes 1 p.m.- Mah Jong</p>	<p style="text-align: right;">12</p> <p>8 a.m.-Ceramics 9 a.m.- Multi-Media Arts and Crafts 12 p.m.- Tai Chi 1 p.m.- Dominoes 1 p.m.-Adult Coloring 1:30 p.m.- Guitar Jam Session</p>	
<p style="text-align: right;">18</p> <p>8 a.m.-Ceramics 8 a.m.- Pool, Quilting 9 a.m.- Exercise 9:45 a.m. – “42” 10 a.m.-Party Bridge 10 a.m. - Pinochle 12:30 p.m.-Duplicate Bridge 1 p.m.- Dominoes 1 p.m.-Mah Jong</p>	<p style="text-align: right;">19</p> <p style="text-align: center;"><u>Closed</u> for Good Friday</p>	<p style="text-align: center;">Calendar by email? Email me at: rhonda.karnes-scott@bedfordtx.gov Please give me your full name in email.</p>
<p style="text-align: right;">25</p> <p>8 a.m.-Ceramics 8 a.m.- Pool, Quilting 9 a.m.- Exercise 9:45 a.m. – “42” 10 a.m.-Party Bridge 10 a.m. - Pinochle 12:30 p.m.-Duplicate Bridge 1 p.m.- Dominoes 1 p.m.-Mah Jong</p>	<p style="text-align: right;">26</p> <p>8 a.m.-Ceramics 9 a.m.- Multi-Media Arts and Crafts 12 p.m.- Tai Chi 1 p.m.- Dominoes 1 p.m.-Adult Coloring 1:30 p.m.- Guitar Jam Session</p>	<p style="text-align: center;"><u>Class Highlights</u> Come to our many seminars and workshops. They are free!</p> <p style="text-align: center;"><u>Needlework Classes</u> Tuesday at 9:00am</p>

Dear Friends,

As many of you already know, after 16 years at the Bedford Senior Activity Center, I have decided to retire. My last day of employment with the City of Bedford will be April 30.

During my time here, I have met so many wonderful people. I am so thankful for your friendship and many kindnesses you have shown me. Together, we have shared many tears and much laughter. Not every day has been fun, but every day certainly has been interesting!

I have been blessed to work with some of the best people. People who genuinely care about the members at the Center. I ask that you continue to show them the kindness and respect that has been shown to me over these many years.

As the City of Bedford moves forward with the PhaseNext plans, I hope each of you will embrace the changes and stay informed and involved. The future of the Bedford Senior Center is exciting and bright. Being part of the new multi-generational building will enable new programming and opportunities for all.

Finally, I ask that you show the same kindness and love to whomever occupies the office of Manager at the Bedford Senior Activity Center as you have shown me. You will forever be in my heart.

Blessings,

Cathy

"In a world where you can be anything...be kind."

